

STOCKTON UNIVERSITY COLLEGE PANHELLENIC

SPRING 2025

PANHELLENIC

RECRUITMENT



A NOTE FROM THE PRESIDENT



Welcome to Stockton University's Panhellenic Formal Recruitment! Everyone is so excited to meet you, and I am happy to be going on this journey with you! Panhellenic Recruitment is a wonderful experience where you get to meet the women of all six chapters we have on campus, and form connections and friendships that will last a lifetime. Go through this experience with an open mind, and soak in every moment, because it will be over before you know it. Stay positive and enjoy the amazing journey you are about to start!

**With love,
Lauren**

A NOTE FROM THE VICE PRESIDENT OF RECRUITMENT



Hi everyone! Welcome to Stockton Universities formal recruitment!! I just want to start off by saying thank you to all of you for taking the time out of your busy schedules to be here with us and to start this amazing process! Recruitment is such an amazing opportunity to meet new people and make new friends and really develop an understanding of what our sororities on campus do to benefit the community around us! As a reminder, if you follow your heart and really make the most out of this experience you will find your forever home. I cant wait to see where you all end up!!

**With Love,
Mackenzie**

THE PANHELLENIC EXECUTIVE BOARD



PRESIDENT

Lauren



VP OF PEER ACCOUNTABILITY

Ava



VP OF RECRUITMENT

Mackenzie



VP OF SISTERHOOD AND SERVICE

Gabby



VP OF FINANCE

Sam



VP OF DEI

Danielle



VP OF ACADEMIC ACHIEVEMENT

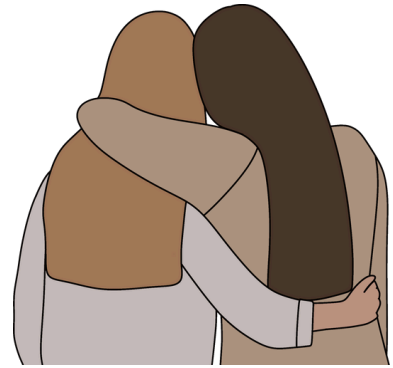
Mia



VP OF PUBLIC RELATIONS

Mary

WHEN JOINING A SORORITY, YOU COMMIT TO FULFILLING OBLIGATIONS OF MEMBERSHIP INCLUDING TAKING ON THE VALUES OF THE SORORITY.



LEARNING, WORKING, ACHIEVING, AND HANGING OUT TOGETHER CREATE LIFELONG BONDS THAT DISTINGUISH SORORITIES FROM OTHER KINDS OF STUDENT ORGANIZATIONS. MEMBERSHIP IN A SORORITY IS LIFELONG AND COLLEGIATE MEMBERSHIPS PREPARE STUDENTS TO CONTRIBUTE TO THE ORGANIZATION AND COMMUNITY WELL AFTER COLLEGE.

SORORITIES ARE ALSO GREAT PLACES TO MAKE CONNECTIONS YOU CAN UTILIZE LATER ON IN YOUR CAREER PATH.



SORORITY MEMBERS PERFORM HANDS ON SERVICE AND RAISE MONEY IN THE SOUTHERN NJ AREA AND BEYOND ON BEHALF OF NATIONAL PHILANTHROPIC ORGANIZATIONS. SUPPORTING CAMPUS EVENTS LIKE DAY OF SERVICE, SLEEP OUT, OR RELAY FOR LIFE ALLOW OUR MEMBERS TO SERVE OTHER YEAR-ROUND.

DURING THE 2021-2022 ACADEMIC YEAR, MEMBERS OF THE PANHELLENIC CHAPTERS AT STOCKTON PERFORMED OVER 10,000 HOURS OF COMMUNITY SERVICE AND RAISED OVER \$60,000!



ACADEMIC EXCELLENCE IS A PRIORITY FOR MEMBERS OF THE PANHELLENIC COMMUNITY AND ITS SHOWS IN OUR GRADES: FOR THE LAST FIVE YEARS, OUR MEMBERS HAVE HELD CONSISTENTLY HIGHER GRADE POINT AVERAGES THAN THE ALL-WOMEN'S GPA AT STOCKTON.

ALL CHAPTERS ALSO HAVE ACADEMIC PROGRAMMING DEEPLY EMBEDDED INTO CHAPTER LIFE TO ENCOURAGE HIGHER GRADES AND COMMITMENT TO LEARNING.



OUR MEMBERS NOT ONLY SERVE IN ELECTED CHAPTER LEADERSHIP POSITIONS, BUT ALSO IN VARIOUS ORGANIZATIONS ACROSS CAMPUS. SOME ROLES INCLUDE T.A.L.O.N.S., STUDENT SENATE, RESIDENT ASSISTANTS, S.E.T., CAMPUS CENTER OPERATIONS TEAM, AND MORE.

WE ALSO ENCOURAGE LEADERSHIP THROUGH ACTION, NOT JUST POSITION, WITH MANY MEMBERS LEADING THE COMMUNITY IN INFORMAL ROLES TO CREATE A BETTER, SAFER CAMPUS ENVIRONMENT.

RECRUITMENT DATES

Orientation

Tuesday, 1/28 at 8pm in the CC Theater
Wednesday 1/29 at 8 pm in the CC Theater

Round 1

Friday, January 31st
4:45 pm- 11:30 pm

Round 2

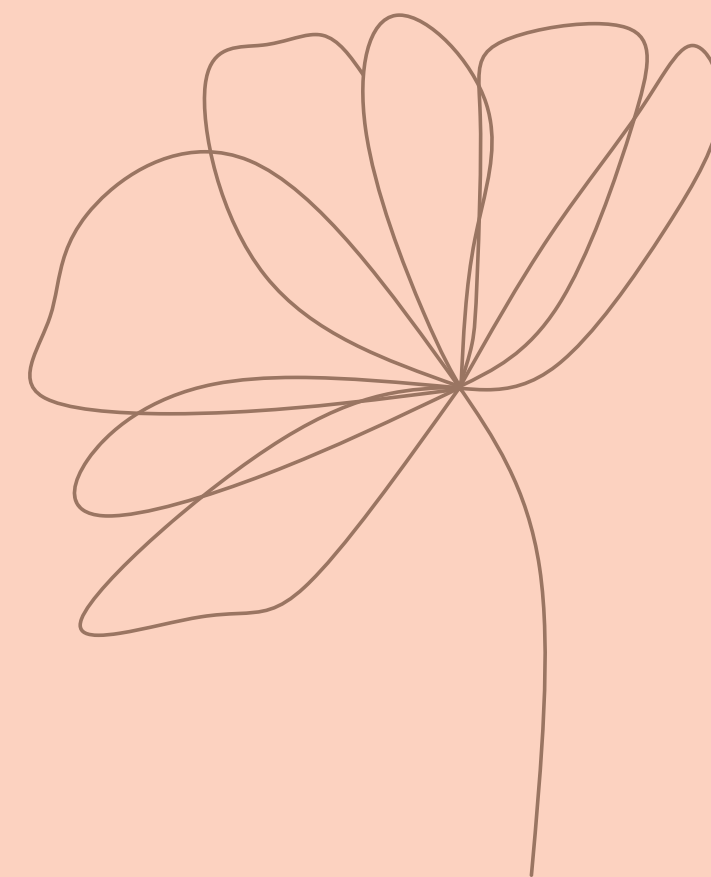
Saturday, February 1st
12:30 pm- 5:30 pm

Round 3

Sunday, February 2nd
10:00 am- 2:00pm

Bid Day

Sunday, February 2nd
5:30 pm- 9:00 pm



Registration is \$15

Schedule

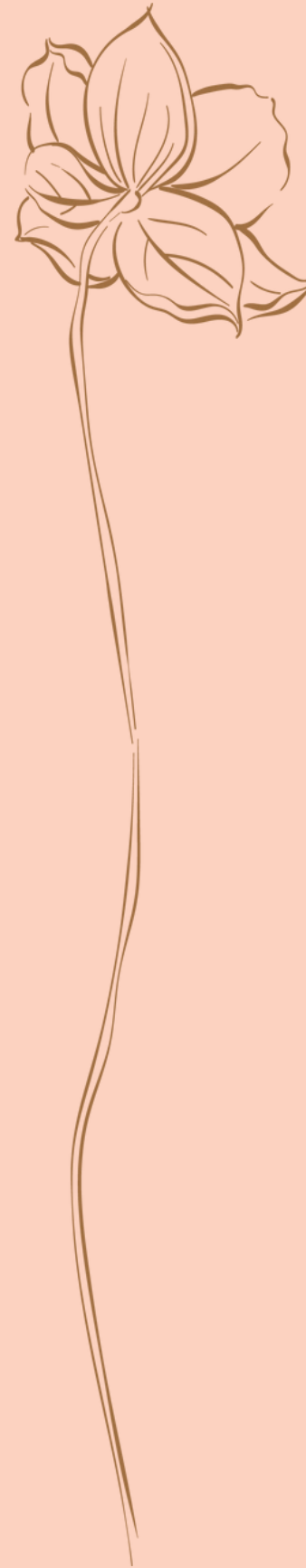
Orientation

The Vice President of Recruitment from the Panhellenic Council will present all the details of recruitment. This experience will allow you to ask questions and meet your Recruitment Councilors.

Attire

For orientation you can wear what you would wear for class.

For round 1 a shirt will be provided. For bottoms: denim pants, skirts, etc are all acceptable. Sneakers are recommended.



Round 1

Please arrive at Alton Auditorium at 4:45pm to meet with your group and Recruitment Counselors. We will begin promptly at 5:20pm

Each party is 30 minutes long. You will have a 15-minute break between each.

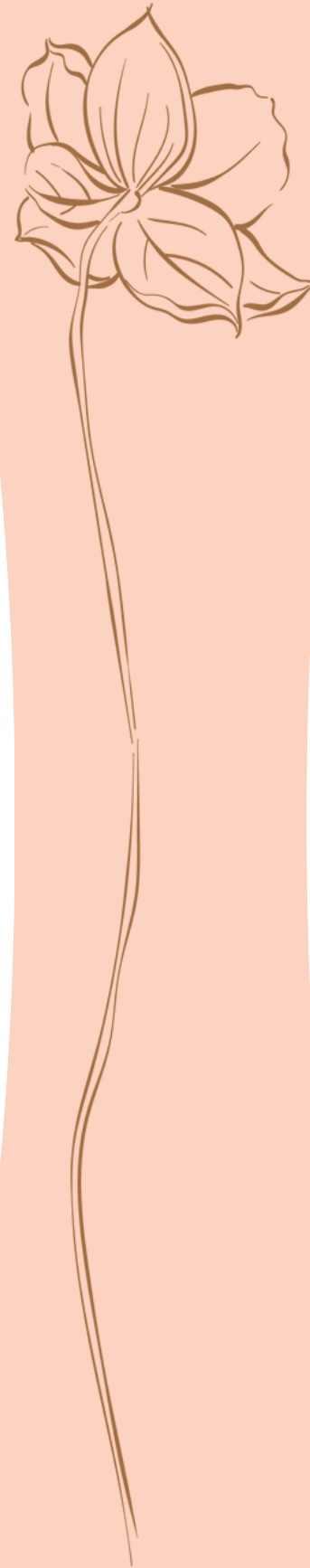
All 6 chapters will tell you about their values and you will have conversations about your interests and passions.

All PNMS must submit their preferences (which chapter you would like to meet with again) by 11pm.

Schedule

Round 2

This is traditionally called the Philanthropy Round. You may be invited by up to 4 chapters. Please arrive at Alton at 12:30 pm to meet with your group and Recruitment Counselors. We will begin promptly at 1:00 pm. Each party is 40 minutes long. You will have a 15- minute break between each. All PNMS must submit their preferences (which chapters you would like to meet with again) by 6pm.



Attire

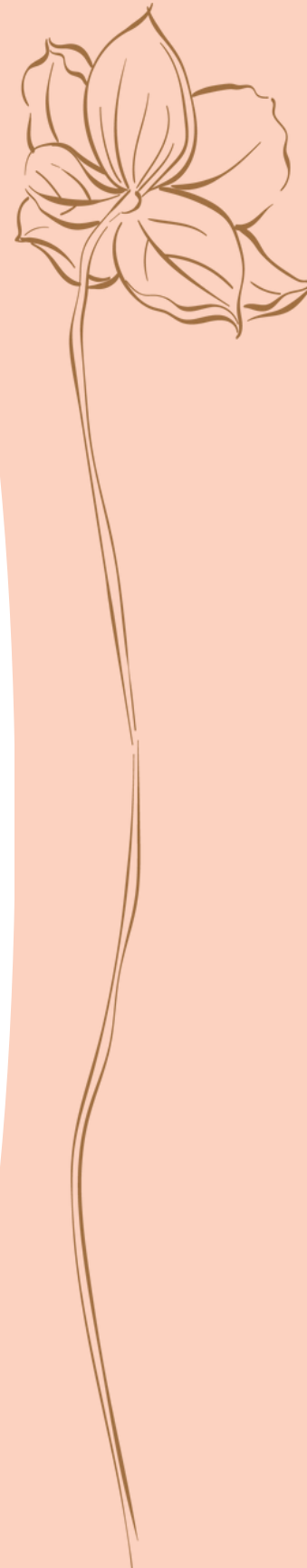
Round 2- Dress as though you are going to a nice dinner. You want to make a good impression

Schedule

Preference Round

This is the Final round and involves a beautiful ceremonial experience. Because of the nature of the event, dress is more formal.

You may be invited by up to 2 chapters. Please arrive at Alton at 10 am to meet with your group and Recruitment Counselors. We will begin promptly at 10:45am. Each Party is 1- hour long. You will have a 30-minute break between each. After your last party, each PNM will sign the MRABA(see p.11). All PNMS must submit their preferences(what chapter you would join) by 1:30 pm.



Bid Day

This day of celebration is when the official invitation(bid) to join one of the Panhellenic Chapters is given out. If you do not receive an invitation you will be contacted by the greek advisor. If you do receive an invitation you will be contacted by your Recruitment Counselors.

Not all women who participate in recruitment receive a bid or get their first choice. However, PNMS who keep an open mind about all sororities, fully participate, and attend all events are prone to having a very high bid matching rate!

Attendance and scheduling **conflicts**

Please adjust your schedule so that you can attend all events. If this is not possible due to academic, religious, or athletic reasons or due to extenuating circumstances please email Stocktonnpc@gmail.com ASAP. We will try to adjust your schedule so you do not miss any parties you are invited to, but cannot promise anything.

Attendance at all parties you are invited to is mandatory. If you skip a party without permission for the reasons above, you will be removed from the entire recruitment process.



Round 1 example outfits

T shirts will be provided by panhellenic council



Round 2 example outfits

Try to stay away from jeans and sneakers (business casual)



Preference Round example outfits

Keep dresses appropriate. No sneakers or jeans.






Mutual Selection Process

The primary recruitment process is a mutual selection process.

After each round PNMS submit their preferences on which sororities they would like to meet again. Sororities submit their preference as well. Each round PNMS and chapters continue to narrow down their lists until each chapter has an even number of invitations and most PNMS are matched.

This process is used at every Panhellenic Association on every college campus and is considered the most precise and fair process. Over 85% of women who attend preference are invited to their highest preferred chapter.

From round to round you may be invited back to a chapter you did not select prior. This is normal and means they liked you. Give them another chance!



Recruitment Counselors

Recruitment counselors are members from various Panhellenic chapters here at Stockton who represent the Panhellenic Council during recruitment. PNMS are split into recruitment groups with 2-3 recruitment counselors assigned to each group.

Your recruitment counselors are your resource for all information about recruitment. They have been trained to learn everything they need to know about the process so that they are able to answer any question you may have! They will also refer you to helpful resources and guide you when you submit your preferences. You will meet and get to know your Recruitment Counselors at orientation.

Recruitment Counselors have agreed to temporarily disassociate from their chapters, meaning they are not allowed to talk to any of their sorority sisters until bids have been distributed. They will also not talk to PNMS about what chapter they are in. If you find out, please keep it to yourself. This is done so they can fully focus on you and helping you make the best decision for yourself. This is also done so you can feel 100% comfortable talking to them about your decisions and how you feel throughout the process.

All meetings with Recruitment Counselors are required, as they will provide you with essential information about recruitment. Be sure to stay in touch with them often via phone or email which will be provided. Any questions the Recruitment Counselors cannot answer can be directed to the Panhellenic Councils Vice President of Recruitment. (AKA me)



Potential New Member Bill Of Rights

- 🐾 The right to be treated as an individual
- 🐾 The right to be fully informed about the recruitment process
- 🐾 The right to ask questions and receive true and objective answers from recruitment counselors and members
- 🐾 The right to be treated with respect
- 🐾 The right to be treated as a capable and mature person without being patronized
- 🐾 The right to ask how and why and receive straight answers
- 🐾 The right to have and express opinions to recruitment counselors
- 🐾 The right to have complete confidentiality when sharing information with recruitment counselors.
- 🐾 The right to make informed choices without undue pressure from others.
- 🐾 The right to be fully informed about the NPS unanimous agreements implicit in the membership recruitment acceptance binding agreement (MRABA) signing process.
- 🐾 The right to make one's own choice and decision and accept full responsibility for the results of that decision
- 🐾 The right to have a positive, safe and enriching recruitment and new member experience.

Membership recruitment Acceptance Binding Agreement (MRABA)



Sorority recruitment has many steps and thus, it is important to understand each step of the process. The final step of recruitment involves PNMs signing the Membership Recruitment Acceptance Binding Agreement or, as it is often referred to, the MRABA.

Important notes of the MRABA

- ☆ A binding agreement, and once signed cannot be altered or changed.
- ☆ Most importantly, if you sign the MRABA and choose not to join or stay in the sorority from which you received a bid, you cannot join another NPC chapter until the next primary recruitment period.
- ☆ By signing the MRABA you are saying that the sororities you list are the ones you are willing to accept a bid from. i.e. you may get your second choice.
- ☆ You have the option to list up to two sororities, though you only have to list one. It is recommended to list two options to maximize your options but isn't required.
- ☆ This form solidifies that you can only receive a bid from the organization(s) that you list. However, it is possible that you may not receive a bid from either organization.
- ☆ If this were to happen you would be contacted and informed of this.
- ☆ If you receive a bid and don't accept it you are ineligible to join an NPC chapter until the next primary recruitment period. This also applies if you accept the bid and then decide to not continue membership with the sorority that extended you a bid. Once the MRABA is signed, relax and wait until it's time to receive your invitation of membership and join your new home!

Our Commitment to Diversity, Equity and Inclusion

The Stockton Panhellenic Association desires to build a community that reflects diversity and inclusion within our sorority chapters. We strive to make our campus stronger through our commitment to promoting equity and creating positive change within the Fraternity & Sorority community. Women of all backgrounds make up the Stockton Panhellenic Association and each individual is celebrated for her perspectives, ideas and contributions to her organization and to our entire community.

If at any time you feel you are being treated differently or unfairly through the recruitment process, please email the
Panhellenic VP of Recruitment:
Kappockm@go.stockton.edu

Recruitment Tips

Be Open to Everything!

- Look at each chapter as a whole. Sororities are made up of many individuals. Don't judge a chapter by just one woman you meet!
- Be mature in your decision making. Do not be influenced by others' opinions. This organization will be with you for the rest of your life, and is bigger than one year, person, or your time at Stockton



Meeting New People

- Be kind to others in your group. Everyone has a different experience during recruitment. Be sure to respect your fellow PNMs and support each other through the process.
- Ask questions during the rounds! It helps the conversation and is a sign of your interest in the organization.
- Be respectful in the conversations, regardless of whether or not you think you like the sorority.
- Your opinion may change with each person you meet, and you may decide that you like a chapter that you thought you weren't interested in.
- If you think you are interested in a certain chapter, you should still be courteous to the women hosting you in other chapters. When joining any sorority, you are also joining the Panhellenic community, and all of these women are part of that larger community.
- Do not interpret any remarks made at an event as assurance of a bid. An individual member has no way of deciding on their own or knowing if you will receive a bid

Conversation Starters

Great Things to Talk About

- What does your Philanthropy mean to you?
- What ways have you seen Philanthropy impact the chapter?
- Does your philanthropy give the opportunity to volunteer or is it only fundraising?
- What are sisters passionate about?
- Share your passions, too!
- What sisterhood means to your chapter
- Why did you join your chapter?
- Share what you are involved with both campus and in the community
- Who/what inspires you and why?
- How would others describe you?
- What is your favorite sisterhood event?
- How have you been supported by your chapter?
- How have you grown as a member through your chapter?
- What kind of leadership opportunities does your chapter offer?
- What makes this sorority stand out?

Avoid Talking About:

- Romantic interests
- Other sororities
- Drugs and alcohol
- Partying
- Fraternities
- Microaggressions
 - Race and heritage
 - Religion
- Politics

DELTA DELTA DELTA

"TRI-DELTA"

Delta Delta Delta was founded on November 27, 1888 at Boston University by Sarah Ida Shaw, Eleanor Dorcas Pond, Isabel Morgan Breed, and Florence Isabelle Stewart. Shaw stated, "Let us found a society that shall be kind alike to all and think more of a girl's inner self and character than of her personal appearance."

Tri Delta partnered with St. Jude Children's Research Hospital in 1999 and was the first non-corporation partner to be named the St. Jude partner of the year. With over 200,000 living initiates, Tri Delta is one of the largest National Panhellenic Conference sororities.

Symbols

Flower: Pansy

Mascot: Dolphin

Jewel: Pearl

Motto: "Let Us Steadfastly

Love One Another"

Philanthropy

St. Jude Children's Research
Hospital
CHOP

National

140 chapters 20,000
collegiate members 200,000
alumnae
www.tridelta.org



DELTA PHI EPSILON

"D PHI E"

Delta Phi Epsilon was founded on March 17, 1917 at New York University Law School in Manhattan, when Dorothy Cohen Schwartzman, Ida Bienstock Landau, Minna Goldsmith Mahler, Eve Efron Robin, and Sylvia Steierman Cohn made a pledge to each other to build a women's organization that would stand out from the rest. They formed Delta Phi Epsilon with the purpose of accepting all races and religions— the first non-sectarian, social sorority to do so

Symbols

Flower: Iris

Mascot: Unicorn

Jewel: Pearl

Motto: "Esse Quam Videri"

(To Be Rather Than To

Seem To Be)

National

110 chapters 67,000

members

www.dphie.org

Philanthropy.

National Association of Anorexia Nervosa and Associated Disorders (ANAD) Cystic Fibrosis Foundation



DELTA ZETA

"DZ"

Delta Zeta was founded on October 24, 1902 at Miami University in Ohio, the same year the university allowed women. The founding members were Alfa Lloyd Hayes, Mary Jane Collins, Anna Louise Keen, Julia Lawrence Bishop, Mabelle May Minton, and Anne Dial Simmons. The women were harassed for wanting to form a sorority but they stood their ground.

Symbols

Flower: Pink Killarney

Rose

Mascot: Turtle

Jewel: Diamond

Motto: "May The Flame

Endure"

National

170 chapters 260,000

members

www.deltazeta.org

Philanthropy.

Speach and Hearing The Painted
Turtle The Starkey Hearing
Foundation



SIGMA DELTA TAU

"SIG DELT" / SDT

Sigma Delta Tau was founded by seven Jewish women, Dora Bloom Turteltaub, Amy Apfel Tishman, Marian Gerber Greenberg, Grace Srenco Grossman, Inez Dane Ross, Regene Freund Cohane and Lenore Rubinow, on March 25, 1917 at Cornell University. They pride themselves in being inclusive of all while celebrating their historically Jewish heritage.

Symbols

Flower: Golden Tea Rose

Symbol: Torch

Jewel: Lapis Lazulli

Motto: "Patriae Multae

Spes Una" (One Hope of
Many People)

National

105 chapters 70,000

members

www.sigmadeltau.org

Philanthropy.

Prevent Child Abuse America
Jewish Women International



SIGMA SIGMA SIGMA "TRI-SIGMA"

Sigma Sigma Sigma was founded April 20, 1898 at Longwood University (The State Female Normal School at the time) by Margaret Batten, Louise Davis, Martha Trent Featherston, Isabella Merrick, Sallie Michie, Lelia Scott, Elizabeth Watkins, and Lucy Wright. Their purpose is to establish a sisterhood based on the bond of friendship.

Symbols

Flower: Purple Violet

Symbol: Sailboat

Jewel: Pearl

Motto: "Faithful Unto
Death"

National

112 chapters 125,000
members www.trisigma.org

Philanthropy.

Sigma Sigma Sigma Foundation
March of Dimes Robbie Page
Memorial Fund



ZETA TAU ALPHA

"ZETA / ZTA"

Zeta Tau Alpha was founded on October 15, 1898 at Longwood University (The State Female Normal School at the time) by Maud Jones Horner, Della Lewis Hundley, Alice Bland Coleman, Mary Campbell Jones Batte, Alice Grey Welsh, Ethel Coleman Van Name, Helen May Crafford, Frances Yancey Smith, and Ruby Leigh Orgain.

Symbols

Flower: White Violet

Symbol: Five Pointed

Crown, Strawberry

Motto: "Seek the Noblest"

National

175 chapters 257,000

members

www.zetataualpha.org

Philanthropy.

Breast Cancer Education and
Awareness



Financial Transparency

Delta Delta Delta

New Member Fees

Badge Fee \$115

Initiation Fee \$160

New Member Fee \$50

General Dues \$420

TOTAL FIRST SEMESTER \$745

Active Member Fees

\$420 per semester

***PaymentPlans Available**

Delta Phi Epsilon

New Member Fees

New Member Fee \$75

Initiation Fee \$130

General Dues \$220

TOTAL FIRST SEMESTER \$425

Active Member Fees

\$325 per semester

***PaymentPlans Available**

Delta Zeta

New Member Fees

Badge Fee \$150

Initiation Fee \$85

Building Fund \$35

General Dues \$70

New Member Fee \$70

TOTAL FIRST SEMESTER \$410

Active Member Fees

\$380 per semester

***PaymentPlans Available**

Sigma Delta Tau

New Member Fees

National Fees \$290

Local Fees \$25

General Dues \$230

TOTAL FIRST SEMESTER \$545

Active Member Fees

\$380 per semester

***PaymentPlans Available**

Sigma Sigma Sigma

New Member Fees

National Fees: \$225

Local Dues: \$100

Badge Fee: \$160

TOTAL FIRST SEMESTER \$485

Active Member Fees

\$480 per semester

***PaymentPlans Available**

Zeta Tau Alpha

New Member Fees

National Fees \$296

Local Fees \$129

General Dues \$154

TOTAL FIRST SEMESTER \$579

Active Member Fees

\$383 per semester

***PaymentPlans Available**

Panhellenic Council

“Panhel”



The National Panhellenic Conference (NPC) is the umbrella organization representing 26 women's fraternal organizations in North America (and over 5 million women!)



The local council representing Stockton's 6 current NPC organizations is the College Panhellenic Council (CPH) but often referred to as "Panhel".

INTERFRATERNITY COUNCIL (IFC)

The Interfraternity Council (IFC) at Stockton is the governing council for several of Stockton's social men's Greek-letter organizations. The council consists of over 250+ fraternity men and is designated to coordinate recruitment activities, motivate academic achievement, and promote a set of standards for its member organizations.

UNIFIED CULTURAL GREEK COUNCIL (UCGC)

The Unified Cultural Greek Council (UCGC) serves as the governing body for culturally-based fraternities and sororities at Stockton University. Latinx, Multicultural, South-Asian based organizations work together to further cultural diversity, to serve the university and surrounding communities and to provide a support network to members.

NATIONAL PAN-HELLENIC COUNCIL (NPHC)

The NPHC is the governing council for the nine historically Black organizations of the NPHC, often referred to as the "Divine Nine". Stockton currently recognizes 8 of the 9 organizations. NPHC organizations are committed to serving the surrounding community and to provide a support network for its members.

Since 1971, the Stockton University Fraternity & Sorority community has been a vibrant part of campus life. Today, Stockton's community has grown to consist of 28 social organizations belonging to 4 councils, and over 1,100 members. These organizations help create a smaller community within the larger university environment.

The Office of Student Development serves as a liaison between the greater Stockton community, recognized fraternities and sororities, and their inter/national organization. We are dedicated to the holistic development of students throughout their fraternal experience and welcome you to explore involvement in Fraternity & Sorority Life at Stockton University.

Legacy Policies

Each chapter has different legacy policies. In this slide we will go over each chapters rules about their legacy policy.

Delta Delta Delta

In 2021, Tri Delta eliminated its legacy policy and legacy's are no longer promised a bid or an invitation back to a specific round of recruitment.

Delta Phi Epsilon

A legacy is the biological or adopted daughter (step), granddaughter/great-granddaughter (step), sister (half/step), or niece of an initiated member of Delta Phi Epsilon International Sorority.

A declared legacy is a legacy who has submitted the necessary documentation with the International Headquarters prior to the beginning of the recruitment process. As Chapter at Stockton, we automatically take our legacies straight to Preference round.

Delta Zeta

A Delta Zeta legacy is defined as the biological or adopted daughter, granddaughter, great-granddaughter, or sister of an initiated member (alive or deceased) of any Delta Zeta chapter. This may include half-sisters or step relations if the relationship to the Delta Zeta member has been a close one.

.A legacy shall be invited to at least one invitational formal recruitment event(Philanthropy round), provided she meets the chapter's GPA requirement.

Sigma Delta Tau

A Sigma Delta Tau legacy is the sister, daughter, granddaughter, great-granddaughter or step-relation of each (i.e., stepsister/daughter) of an active member or alumna of Sigma Delta Tau. It is our policy that Sigma Delta Tau legacies shall be given special consideration when they are a candidate for membership. While chapters are expected to show legacies sincere interest and careful consideration, legacies are not guaranteed membership.

Sigma Sigma Sigma

Tri Sigma's current policy states a "legacy" (defined as a sister, mother, daughter, granddaughter, niece, stepdaughter, stepmother, or stepsister of an initiated member) does not receive preferential treatment during the recruitment process.

Zeta Tau Alpha

In 2021, Zeta Tau Alpha (ZTA) eliminated its Legacy Policy, which gave preferential consideration to legacies during recruitment. The decision was made to improve diversity, equity, and inclusion, and to ensure that all potential new members have the same opportunity to join.

Bid Promising and Dirty Rushing

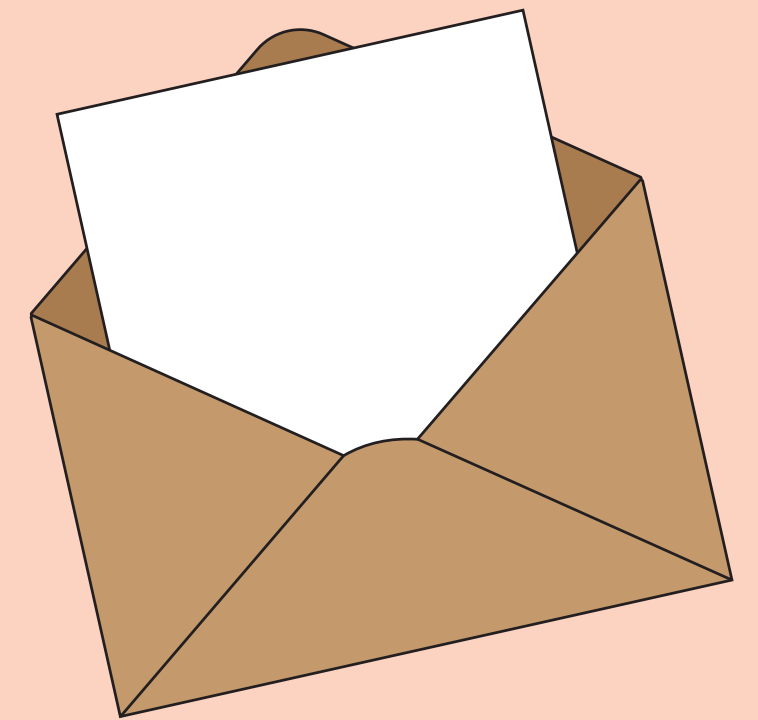
Bid promising and Dirty Rushing is not accepted and not tolerated throughout recruitment!

Bid promising refers to a situation where a sorority chapter gives a potential new member (PNM) an unofficial, often implicit, assurance that they will receive a bid, even before the formal recruitment process has been completed. This can create an unfair advantage for some women, while leaving others at a disadvantage, as it undermines the merit-based nature of the recruitment system. No chapter is capable of promising a bid to a PNM as recruitment is a mutual selection promise.

Dirty rushing involves tactics where sorority members engage with potential new members outside of official recruitment events in ways that can influence or pressure their decisions. This might include informal one-on-one meetings, excessive attention, or even offering promises of membership—practices that violate the rules and spirit of formal recruitment.

Both bid promising and dirty rushing disrupt the integrity of the process, leading to unequal opportunities and creating a culture where connections and manipulations outweigh true compatibility between a sorority and PNM.

If you encounter any Bid promising or Dirty Rushing please contact the Vice president of Recruitment (me) to report it!



Helpful Information

Active: An initiated, dues-paying member who is enrolled in the university.

Badge: A “pin” worn by fully-initiated members of each fraternity or sorority that carries its official insignia.

Bid: A formal invitation to join a fraternity or sorority.

Chapter: A membership unit of a national or international sorority or fraternity.

Charter: The official document drafted by an Inter/National fraternity or sorority that allows for the creation of a local chapter that is affiliated with a college or university campus.

Crest: Insignia used by sorority and fraternity members. Most Greek organizations reserve the crest for initiated members only. Each crest has hidden, secret meanings behind it. Also known as a coat of arms or shield.

Legacy: To be a legacy means that you have an older family member (sister, mother, grandmother) who was a member of a Greek organization.

Quota: A specific number of women to which each Panhellenic Council sorority may extend membership during a formal (fall) recruitment period. This number is determined by the Panhellenic Council each year in conjunction with the National Panhellenic Conference.

Ritual: The traditional rites and ceremonies of a fraternity or sorority; these are almost always private and known only to initiated members of a fraternal organization.

Total: The maximum number of members a Panhellenic Council sorority can have on a given campus.

Groups can only exceed Total during formal recruitment if in the process of extending bids to Quota, the chapter size grows beyond this number. Conversely, if a sorority has obtained Quota during recruitment and is still below Total, that sorority may continue to ask new members to join, but only up to Total.

					
Alpha <i>(al-fa)</i>	Beta <i>(bay-tah)</i>	Gamma <i>(gam-ah)</i>	Delta <i>(del-ta)</i>	Epsilon <i>(ep-si-lon)</i>	Zeta <i>(zay-tah)</i>
					
Eta <i>(ay-tah)</i>	Theta <i>(thay-tah)</i>	Iota <i>(eye-o-tah)</i>	Kappa <i>(cap-pah)</i>	Lambda <i>(lamb-dah)</i>	Mu <i>(mew)</i>
					
Nu <i>(new)</i>	Xi <i>(zie)</i>	Omicron <i>(om-e-cron)</i>	Pi <i>(pie)</i>	Rho <i>(roe)</i>	Sigma <i>(sig-mah)</i>
					
Tau <i>(taw)</i>	Upsilon <i>(up-si-lon)</i>	Phi <i>(fie) or (fee)</i>	Chi <i>(kie)</i>	Psi <i>(sigh)</i>	Omega <i>(oh-may-gah)</i>